

## RAD BASIC SELF DEFENSE INSTRUCTOR CERTIFICATION

Participants may be certified to teach the R.A.D. System of Basic Physical Defense for Women. **This intense, 3 day, 30 hour Instructor Program** is a cost effective way to obtain your own Self -Defense Instructor(s), and offer this structured, time tested, proactive program to the women in your community.

This is the most comprehensive program of its kind, and now your agency can utilize its basic, tailored format as an addition to your crime prevention / community policing offering. The course is taught in a relaxed environment that is conducive to learning tested instructional technique, proven tactics and unique insight about the problem of violence against women. Our program includes physical defense workouts for technique development and an evening exercise that is designed to simulate confrontational circumstances. From awareness and risk reduction to dynamic impact training, this program covers all the basics! Registration includes a 150+ page Instructor Curriculum with Participant Manual to copy. Upon successful completion of the program an Instructor Certificate and copy authorization letter will be given.

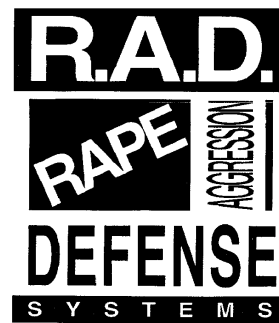
**Tuition for the program is \$400.00 Checks only! To enroll:**

First e-mail the name(s) to:

[kochj@cwu.edu](mailto:kochj@cwu.edu)

Then send this completed form to:

**CWU Police Department**  
**Capt. Jason Berthon-Koch**  
**400 E University Way**  
**Ellensburg WA 98926-7527**  
**(509) 963-2980**



Enrollment is limited, so act now! Payment is due before the start of the program.

Once registration is received, you will be e-mailed additional information 7 to 10 days prior to the start of the class. A 50 / 50 ratio of women and men must be achieved, therefore women will be given priority.

**This registration form holds a spot for you! Sorry no purchase orders will be accepted.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Organization: \_\_\_\_\_

Mobile

Phone: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

E-Mail: \_\_\_\_\_

Please ✓ if Police Officer: Yes: \_\_\_\_\_ No: \_\_\_\_\_

Please ✓ your gender: Female: \_\_\_\_\_ Male: \_\_\_\_\_

Please ✓ IACLEA: \_\_\_\_\_ Member No. \_\_\_\_\_

**October 10-12, 2012**

**Hosted by:**

**CWU Police Dept.**

**Deadline to register for this class is October 5, 2012**

Payment is due by the registration deadline. A 20% discount is available for IACLEA members. A 10% discount for three or more from the same agency, however all must attend. Cancellations are subject to a 20% processing charge from the intended full tuition. Refunds will not be permitted for cancellations made within ten days of the program start. If a program is canceled, a full refund of tuition will be given. Thank-you!

**Office Use Only:**    **Date Received:** \_\_\_\_\_    **Check No. :** \_\_\_\_\_    **Amount:** \_\_\_\_\_